

How to Package and Ship Blood Samples

for Submission to the NIGMS Repository

Sample Labeling

1. Label each tube with:

- a. Name
- b. Date of Birth
- c. Date of blood draw



- **NOTE:** for each person, the sample tubes and paperwork are barcoded to match each other

Sample Packaging

2. Insert each tube into bubble pouch
3. Place bubble pouch and absorbent sheet into plastic biohazard bag



Sample Packaging (cont.)

4. Place plastic biohazard bag inside of Tyvek biohazard envelope



5. Place the following in the styrofoam carton:

- blood samples
- CDE form
- submission form
- genetic test result
- consent form
- medical summary



Sample Shipping

6. Affix FedEx label to outside of carton
7. Affix all warning labels to outside of carton
 - **NOTE:** for international submissions, add 4 copies of USDA form



Sample Shipping (cont.)

8. Arrange for shipment via FedEx

- Kit can be brought to any FedEx shipping location
- **NOTE:** shipping is free using the FedEx labels provided in the kit

9. Ship samples to Coriell on same day as specimen is collected

- Samples should be shipped **Monday** through **Thursday** (Monday through Wednesday for International)